



**MERIDIAN ANTI-DRUG  
COALITION**  
**STRENGTHENING  
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**Meridian Anti-Drug Coalition General Meeting Minutes**  
**Meridian Police Department**  
**March 16, 2017**

**Attendees (16): Adnan Rudan, Ryan Rhoades, Monte Stiles, Mary Liz Jones, Chakoma Haidari, Jeff Crabtree, Nichole Harold, Bethany Gadzinski, Stephany Galbreath, Kathlene Bailey, Jamie Ramos, Patty Davis, Cheryl Mulvihill, Kendall Nagy, Wayne Sharp, Katie Barnes**

<b>TIME</b>	<b>AGENDA ITEMS &amp; SPEAKER</b>	<b>NOTES</b>
4:00	Cheryl Mulvihill, Anti-Drug Coordinator <ul style="list-style-type: none"> <li>Welcome &amp; Introductions</li> </ul>	<ul style="list-style-type: none"> <li>sign-in sheet signed by all attendees</li> </ul>
4:03	Stephany Galbreath, MADC Secretary <ul style="list-style-type: none"> <li>Approval of Minutes</li> </ul>	<ul style="list-style-type: none"> <li>Motion to approve meeting minutes by Monte Stiles, second by Mary Liz Jones, all approve</li> </ul>
4:05	Guest Speaker Officer Rudan: ABA Traffic Court Seminar	<ul style="list-style-type: none"> <li>Officer Rudan is a Drug Recognition Expert for the Meridian Police Department. He recently spent three days with judges, research analysts and National Highway Traffic Safety Administration at a training in GA. Washington Drug Court talked about current drug trends and what's been going on. The number of people who test positive for THC from 2011: 1036 to 2015: 2311. Significant increase. Washington talks about Nano grams because Washington's law is 5 Nano grams within a person's blood to be charged with marijuana use. Officer Rudan also learned about how THC moves through the body. For example, 60 individuals were dosed with THC. After 10 minutes each person's nomogram was at a 38.2 and two hours later it was at a 2.7. To convict someone of a DUI they have to have a certain level of Nano gram in Washington. The idea is that IF marijuana were to be legalized within this state, that they don't put a Nano gram regulation. They also did a study with 602 drivers who were arrested for DUI with testing positive for THC. Most of those people were poly-drug use. Many who smoke marijuana say they drive well when on marijuana. THC has a strong correlation with the brain. Most of those getting pulled over who are under the influence of marijuana are getting pulled over because of speeding or swerving, not the general belief of someone driving too slowly.</li> <li>Kendall: what is the reason for the set Nano grams?</li> <li>Officer Rudan: No set answer by other states, many states copy each other and just have to go with something. A good resource would be the Traffic Safety Prosecutor from Oregon.</li> </ul>
4:30	SRO Updates: Officer Rhoades <ul style="list-style-type: none"> <li>School Updates</li> <li>Fatal Vision Training</li> </ul>	<ul style="list-style-type: none"> <li>Officer Rhoades: We continue to see marijuana within the schools a lot. Working on an incident today where a female student was walking down the halls and had weed fall out of her shoe.</li> </ul>

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	<ul style="list-style-type: none"> <li>• Middle School Spring Safety Flings: National Prevention Awareness Week May 15-19th</li> </ul>	<p>Mountain View is seeing a lot of edibles like cookies and candies. THC is more popular across the board. Meridian Police had K9's sniff through the Rocky Mountain High School parking lot, and found 4 vehicles with marijuana.</p> <ul style="list-style-type: none"> <li>• All School Resource Officers have been trained to teach with the impaired vision goggles and trikes. There is more to it than just having fun; all SRO's now have a clear, consistent direction</li> <li>• Stephany Galbreath: Spring Safety Flings goal is to educate the Middle School students about safe choices during the 100 deadliest days of the year (summer). During these events we will visit every middle school during National Prevention Week. Multiple partners will set up booths in the gymnasium during the school's lunch hours. We have one Spring Safety Fling event each day May 15-19<sup>th</sup>. MADC will be involved. Keep these dates in mind for upcoming volunteer opportunities.</li> </ul>
4:40	<p>Kendall Nagy, MADC Director</p> <ul style="list-style-type: none"> <li>• CCI Training March 7&amp;8</li> <li>• Unplug &amp; Be Outside April 22-30th</li> <li>• Rx Take-Back April 29th</li> <li>• Sector Involvement: Meridian Methodist Church March 25<sup>th</sup></li> <li>• Kaizen &amp; Coalition Feedback Survey May 18<sup>th</sup></li> <li>• Natural High Billboard Options</li> </ul>	<ul style="list-style-type: none"> <li>• Kendall: Senate Bill 1106 (Tobacco 21) did not pass. Mybilltracker.com allows people to see current and upcoming bills and receive email updates specific to their interests. As a city employee I may be required to limit my involvement with specific legislation. However, I will facilitate information transference requested by coalition members as the Director of MADC to facilitate the prevention work selected and outlined in MADC's strategic plan (created by coalition and community members).</li> <li>• Utah is the first state to lower Blood Alcohol Levels (also known as BAC) for DUI from .08 down to .05.</li> <li>• 3 MADC Members attended the CCI Training in March. Elisha Figueroa provided policy updates. Emphasized points: generally people do not understand amounts of drugs. They do not have context to understand how much 24oz. of marijuana is. For example 24 oz. of marijuana is about 1,344 joints a day. A lot for one person to possess. Or, a marijuana plant is significantly larger than a house plant which is a general assumption frequently made by those who don't know the actually size of today's average marijuana plant. If any legislation related to marijuana is passed through legislation it bypasses the FDA process. <i>FDA Mission: The Food and Drug Administration is responsible for protecting the public health by ensuring the safety, efficacy, and security of human and veterinary drugs, biological products, and medical devices; and by ensuring the safety of our nation's food supply, cosmetics, and products that emit radiation.</i> CBD is illegal in Idaho and Federally. Idaho Office of Drug Policy has been fielding calls from</li> </ul>

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		<p>pharmacies, vape shops and health food stores looking for clarification on laws relating to CBD in Idaho.</p> <ul style="list-style-type: none"><li>• Unplug and Be Outside April 22-30<sup>th</sup> @ Story Park: Will have the Natural High Booth at the kickoff event, at Pulse as part of the Library scavenger hunt for the entire week and Monte Stiles will be putting on a photography class about nature on April 22<sup>nd</sup> at Ann Morrison Park.</li><li>• RX Take-Back: Scheduled for April 29<sup>th</sup> at St Luke's in Meridian</li><li>• Sector Involvement: the coalition's goal is to have each Sector Rep identify and secure a speaking opportunity for MADC. It could be a notMYkid presentation, a coalition information presentation or drug education for youth. 6 out of the 12 Sector Reps have accomplished this task.</li><li>• Next month is our annual Kaizen Survey required by Idaho Office of Drug Policy. We need as many coalition members as possible to attend the April meeting to participate. Coalition structure and function will be taught using the new informational board. The plan is to have this at our Town Halls, Coffee with the Mayor, and any other events that would benefit from seeing our information. There is information pertaining to general coalition info, the 6 elements of the SPF model, 7 strategies for community change, our target drugs which correlate to our logic models and action plan, and information available on our website. The back of the board lists MADC's sector reps and school liaisons.</li><li>• Logic Model required elements: 1) we have our problems 2) we have our "why" 3) we have our local conditions 4) seven different strategies to community change</li><li>• Action Plan: Identified two goals : Increase community collaboration and reduce the substance abuse within the three focus drugs (marijuana, alcohol, prescription drugs). It is built from the logic models and is a specific map for implementing the selected strategies for community change including person responsible and a deadline for completion.</li><li>• Natural High billboard options were shared. Mary Liz brought up the point that "What's Your Natural High" leaves too much for interpretation for some people. Some people automatically associate that with natural drugs and other don't understand it. Many agreed with this point. It was unanimous that the soccer player was the image of choice. Monte stated the red used across the entire image could be associated with less positive things and white was his preference. Kendall will take feedback to graphic designer for consideration. It will be checked by Rob Stevenson to assure it is within the specs of the Natural High branding.</li></ul>
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4:50	Members & Guests: updates on MADC mission efforts and community events.	<p>Chakoma: Offered handouts and business cards related to tobacco cessation programs at CDHD</p> <p>Mary Liz: Facebook now has 486 followers</p> <p>Monte Stiles: National News updates relating to federal laws and marijuana enforcement, initial point service project idea is slowly taking shape</p> <p>Patty: provided detailed information sheets on Project Filter, Elevating 5<sup>th</sup> graders curricula and how to get involved and take action asking Hollywood to remove smoking from kids movies and change movie ratings for adults only if smoking is taking place in the film <a href="#">Click here to learn more.</a></p> <p>Kathleen: ISU College of Pharmacy will help distribute 10k RX bookmarks to Meridian locations. Generation Rx students are required to fulfill community service hours. Source for volunteer's perhaps to help with the Initial Point service project.</p> <p>Janie: Kaizen Survey is scheduled for April for MADC. Please plan on attending.</p>
<b>5:00pm Meeting Adjourned. Thank you for being an active part of MADC, working to prevent substance abuse in our community!</b>		

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